OFFICE: 16416 U.S. Highway 19 North • Clearwater • FL 33764 • (727) 531-5386

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# September • 2015 Issue 7 39th Year

She Eagled the 7th Hole! Madolyn McMahon got a great image of a bald eagle on the 7th hole at Fairway Village her score was not reported!

> Monthly Mania Winner! \$100 • Merrill King Boss Electric Corp.

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### **Embassy Park**

News & Views

N. & V. Editor	. Beverly Doucette	Lot #515727-531-4544
	2	chls52bevdoucette@outlook.com
Sunshine Lady	. Marilyn Libby	

### SEPTEMBER BIRTHDAYS BIRTHSTONE: SAPPHIRE FLOWER: ASTER



### SEPTEMBER ANNIVERSARIES

- 9/12 Chuck & Jessie Buchholz
- 9/20 Cosmo & Maureen Vellucci

## DEATHS

ohn Hagood of Embassy's Lot 513, passed away in August after a very long battle with cancer. Our deepest sympathy is extended to our Vonda Hagood, and their two daughters on this sad occasion.

It is with deep regret that we have heard of the death of Patty Gray during August, formerly of Lot #1022 in Embassy.







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We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise. Here is how is works:					
	st a business to advertise in the	e newsletter			
<ol> <li>Call our office and suggest a business to advertise in the newsletter</li> <li>We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes</li> </ol>					
3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once) Thanks For					
	<b>inesses would you like to see</b> e spots available in the following				
<ul> <li>Accountant/Tax Prep</li> <li>Assisted Living Facility</li> <li>Attorney/Lawyer</li> <li>Automotive Painting/ Detailing</li> <li>Automotive Repair/Sales</li> <li>Awnings</li> <li>Banks</li> <li>Bathroom Remodel</li> <li>Bicycle Repair &amp; Sales</li> <li>Bingo</li> <li>Chiropractor</li> <li>Computer Services</li> <li>Dentist</li> <li>Driveway Coating</li> <li>Fitness Center/Gym</li> <li>Floor Coverings/Retail</li> </ul>	<ul> <li>Foot Specialist - Podiatrist</li> <li>Golf Cart Sales &amp; Service</li> <li>Hair Salon/Day Spa</li> <li>Hearing Aid/Retail</li> <li>Home Care</li> <li>Home Furniture &amp; Mattress</li> <li>House Cleaning</li> <li>Insurance Home/Auto/Health</li> <li>Investment/Brokerage</li> <li>Jewelry Sales/Design/Repair</li> <li>Manufactured Home Sales</li> <li>Massage Therapy</li> <li>Medical Doctor</li> <li>Mobile Home Supplies - Retail</li> <li>Motorcycle/Moped Sales &amp; Repair</li> </ul>	<ul> <li>Moving Services</li> <li>Optometrist</li> <li>Painting - Inside &amp; Outside</li> <li>Pet Services</li> <li>Pharmacy</li> <li>Remodeling/Interior</li> <li>Resale Store</li> <li>Restaurants</li> <li>Screen Repair</li> <li>Storage</li> <li>Taxi/Shuttle</li> <li>Travel Agent</li> <li>Veterinarian</li> <li>Window Film/Tinting</li> <li>Window Washing</li> <li>Window Treatment/Interior</li> </ul>			

### Monthly Media - (727) 484-7488



### MARK YOUR SEPTEMBER CALENDARS

### Labor Day BBQ

To wrap up the 'official' summer season, we will celebrate on Monday of Labor Day Weekend, September 7th, with our annual Barbeque. Don't forget to bring your table settings for the hamburgers and hot dogs and accoutrements, along with personal specialties and desserts by our friends and neighbors. There will be a share-the-wealth, so come along for another wonderful social gathering at our clubhouse.

### **Monthly Ladies Luncheon**

September's Ladies Luncheon will be held at noon on Wednesday, September 9th. Hostesses for this month will be.

### New England Breakfast

The monthly breakfast for New Englanders and their friends and neighbors will be held on Tuesday, September 15th, at Country Skillet Breakfast on Roosevelt Boulevard at 9:00 am. Come and enjoy a great meal and pleasantries with friends.

Continued on page 9







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#### Pot Luck Supper

A pot luck supper will be held on Thursday, September 17th, at 5:00 p.m. Come and show off your culinary specialties for everyone's enjoyment. Always a fun and very social time.

#### **Ron Foster's Music Social and Dance**

Saturday, September 19th, 7:00 pm, will be the next fun-filled social evening to enjoy Ron Foster's music and probably try a dance step or two. BYOB and munchies, and enjoy some easy conviviality with friends and neighbors.

#### **Breakfast Special**

Get ready for another superb breakfast put on by the Social Club's wonderful kitchen brigade on Saturday, September 20th at 9 a.m!! Loads of fellows on kitchen duty and fair ladies on table service as we sample yet another special breakfast fare for all to enjoy. Bring your table settings. And get ready for the share the wealth!

### Fall is Here !!

We've gotten through August, and the first day of Fall starts on September 27th, but our area chuldren will be traversing throughout allour streets to get to school and home from school. So, please be especially vigilant for the little ones' safety!!

#### **BOOK CLUB NOTE** BRD

saw an item of interest to Book Club members in a recent magazine which I thought night be of interest to members until resuming our regular monthly meetings in October. For those who enjoyed Swedish author Steig Larsson's *Girl in the Spider's* Web's Lisbeth Selander series, a new addition to the story has been written and issued by author David Lagercrantz. Worth looking into for a future exciting read to review in the fall.









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TRAVEL THOUGHTS BRD

ne of the fairly local places here in Florida that I thoroughly enjoyed a few years ago was a visit to the other coast to the quaint beachside town of St. Augustine, Florida. I see that it is celebrating its 450th anniversary, and I'm tempted to take a jaunt across the peninsula to visit once again, and probably stay overnight to revisit a once totally understated area or overcome with 'tourist' paraphernalia. The heritage of the 13-sq.mi. town is maintained intact by the local townspeople. I would revisit the amazing 17th century Spanish Fortress. Once again, I would revisit Ponce de Leon's 'Fountain of Youth' upon arrival in 1513 in search of waters thought to reverse the age-reversing process (which the townspeople have marked by a natural spring in 1901 to commemorate his search); the most unusual and first archaeological landmarks and artifacts from the first discovery and colonization of our nation. Also, to visit St. John of the Pines - first mainland Spanish Fort (1566 – 1599). Consider a short visit there.

### SWIMMING CHAMPIONSHIPS

ur resident swimming champion, Pat Nuebel of 17th Street, has racked up yet another raft of championship performances in six events. In five of the 6, she came in First Place These were:

200 meters Individual Medley 200 meters Back Stroke 10 Meter Free-Style Crawl

250 Meter Free Style 250 Meter Back Stroke

The next event, the Tail's End Meet, the southern long-course championship, will be held on September 19th at the Long Center on Belcher Street.

## AUGUST LADIES LUNCHEON

welve Embassy ladies attended the Ladies Luncheon on Wednesday, August 12th, at the Wildflower Café on Fort Harrison. They dined on several different delicious kinds of guiche, salads, and sandwiches. The theme for the luncheon was "Back to School" with notebooks, pencils, and crayons at each place, with a box of Cracker Jacks as their after-school snack. The luncheon was hosted by Barbara Whitman. The September 8th luncheon hostesses will be Mary Kogut and Iva Shannon.

### A Complete Listing of Resident Services can be found on the page before your calendar

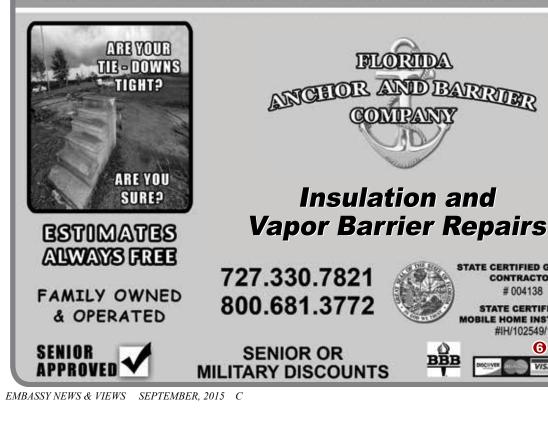




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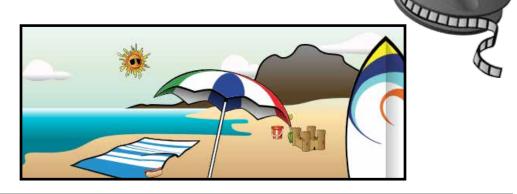
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# I mbassy residents will be attending the next Early Bird Dinner Theater on Saturday,

September 26th for the 4:00 pm dinner and performance of "Fox on the Fairway". This I play takes the audience on a hilarious romp which pulls the rug out from underneath the stuffy denizens of a private country club. Mistaken identities, slamming doors, and romantic shenanigans make it a furiously-paced comedy that recalls the Marx Brothers Classics. A charming madcap adventure about love, life, and man's eternal love affair with ....

golf! A sign-up sheet will be on the bulletin board. Any questions, please contact Barbara Whitman at 238-3200



### PINELLAS COUNTY - FREQUENTLY CALLED NUMBERS

• EMERGENCY HELP - 911 • Crisis Line (Helpline) - 211

SENIOR HELPLINE - Information on aging services. Includi	ing home health, senior centers
and nursing homes, Support groups, adult day care,	<b>C</b>
respite and transportation	
Alzheimer's Disease Association	
Cancer Society	
Center for Independent Living (CASCO)	
Consumer Protection	
Health Department - Largo Office	
Hospice	
Hospice Legal Services (Free Legal Services for The Elderly	
Meals on Wheels.	
Retired Senior Volunteer Program	
Social Security Administration	
Veteran's Services	
AARP American Association of Retired Persons	
Eldercare Locator	
Victim Assistance for Seniors	727-570-9696 x 279



EMBASSY NEWS & VIEWS SEPTEMBER, 2015 C





### **City life? Not for all young adults**

The TV sitcom Friends depicted a group of young New Yorkers enjoying life in the big city—but in the end, at least two of them chose to move to a house in the suburbs. Young adults in real life appear to be making the same choice (without the laugh track). A survey of more than 1,500 people born since 1977, released by the National Association of Home Builders, found that few of them want to remain in the city for their entire lives.

Sixty-six percent indicated they'd like to live in the suburbs, and 24 percent have their hearts set on a rural residence. Only 10 percent want to live in the center of an urban area. They're mostly looking for space: Eighty-one percent said they want three or more bedrooms wherever they end up living.



### **Online videos bigger than TV these days**

Video has taken over the Internet, especially among the younger generation. A survey of 13to 24-year-olds by Defy Media found this evidence of the influence of YouTube and other video providers on youthful fans:

- Millennials watch an average of 11.3 hours of free online video a week, and 10.8 hours of subscription video—but only 8.3 hours of scheduled broadcast TV.
- Videos are more popular than online TV content. Seventy-six percent of young people in the survey said they find YouTube more enter-taining than TV programs (more popular with 55 percent of participants).
- They're tolerant of advertising on the Internet. Fewer than half—41 percent—said online videos have too many advertisements, but 63 percent feel TV does.



# Mathematics is the art of giving the same name to different

### things.

### —Henri Poincaré

### Get the full impact from these healthful foods

retain foods have definite health benefits, but you have to eat them the right way to get their full impact. Here are some common foods you might be eating "wrong," according to the CNN website:

- Flaxseed. Full of fiber and omega-3, these little seeds may improve your heart health—as long as you grind them up first. Sprinkling them whole over your cereal or yogurt will keep their nutrients locked inside.
- Broccoli. Eat this raw or steamed, not cooked, to receive the full dose of vitamin C, chlorophyll, and antioxidants this vegetable offers.
- Strawberries. Slicing this delicious fruit exposes its healthful nutrients to light and oxygen, which can dilute their effects. Eat them whole, or hold off cutting them until the last minute.
- Garlic. The enzyme allicin, found in garlic, may help ward off cancer, but its benefits are more pronounced when it's exposed to air. Let garlic sit for about 10 minutes after chopping to release this enzyme fully.
- Tomatoes. Fresh tomatoes are tasty, but you're better off cooking them. The antioxidants in them increase in potency when they're heated to about 190 degrees Fahrenheit.



### Stone tools point to early use by primitive humans

Humans have been using tools for longer than we've known. As reported by the journal Nature, a team of archeologists in Kenya have found stone tools dating back 3.3 million years, some 700,000 years older than the oldest tools previously discovered.

Before this find, the oldest known stone tools came from sites in Ethiopia and were believed to have been used some 2.6 million years ago. Still, evidence of earlier tool use suggested that humans may have been using stone for longer than that—fossils of animal bones, also in Ethiopia, show signs of cutting some 3.4 million years ago.

The Kenyan tools were dated with an analysis of the sedimentary layer where they were uncovered. Scientists speculate they may have been used to open nuts or fruits with hard surfaces. Weighing in at about 6.6 pounds, the tools are 10 times heavier than any stone tools discovered so far.

# Services Directory

#### **AIR CONDITIONING SALES/SERVICE** Barron's Air Conditioning......727-784-1603 APPLIANCE REPAIR Sunset Appliance Service ...... 727-559-1137 **AUTO BODY & PAINTING** Auto Painters Plus, Inc...... 727-504-6891 **AUTO SALES / PURCHASING** Tampa Bay Car Cash...... 727-580-9580 AWNINGS Bay Area Aluminum Services, Inc. .... 727-585-4442 Century Awnings Co. ..... 727-559-8811 BATHRÓOM REMODEL CARPET CLEANING Bill the Carpet Guy...... 727-521-4163 Doll Brothers Carpet/Upholstery Clnrs.727-596-2249 **CLEANING/INTERIOR** Kathy's Cleaning Service ......727-804-1116 COMPUTER SERVICES Largo Tech Services, LLC ...... 727-474-4285 DRIVEWAY COATING Concrete Wizard, Inc. ..... 727-789-5444 DUCT / VENT CLEANING ELECTRICAL CONTRACTOR Imperial Electrical Service......727-535-0708 Palm Harbor & Dunedin Electric ...... 727-773-1622 FLOOR COVERINGS/RETAIL At Home Floors - Carpets + Tile...... 727-584-3711 FLOOR REPAIR Perfect Repair & Construction, Inc.... 727-539-0852 FOOT SPECIALIST - PODIATRIST **FURNITURE & MATTRESS** GOLF CART REPAIR Pinellas Golf Carts, LLC...... 727-754-2923 **GOLF CARTS SALES & SERVICE** Recreational Golf Cars of Florida..... 727-548-8460 **HEARING AID/RETAIL** Knoblach Hearing Care, Inc......727-530-3533 **INSURANCE: AUTO** INSURANCE: HEALTH MANUFACTURED HOME SALES/NEW Citrus Homes/Meadowood Homes ... 727-535-5262 **MOBILE HOME SUPPLIES - RETAIL** Mobile Home Depot, Inc. ..... 727-535-1100 Southeast Mobile Home Supplies ..... 727-522-2090

**MOBILE HOME WASH/WAX** Heller's Mobile Home Washing ....... 727-545-2665 Wyngarden Mobile Home Wash ...... 727-587-0876 MOBILE HOME WINDOW FILM PAINTING/INSIDE & OUTSIDE Payless Painting Services......727-470-5876 Socia's Painting & Waterproofing ...... 727-345-6856 PEST CONTROL Buggin Out Termite & Pest Control ... 727-535-2629 Modern Pest Control, Inc. ..... 727-410-1466 Nature's Resource Pest Control...... 727-785-2552 PLUMBING SERVICE **ROOF COATING** Community Roofing of FL, Inc.... 1-800-511-2517 Socia's Painting & Waterproofing......727-345-6856 ROOF REPLACEMENT AMS Advanced MH Systems ...... 727-471-0820 ASC Aluminum Specialty Contr. ...... 727-547-8300 Bay Area Aluminum Services, Inc. ... 727-585-4442 **ROOF WASHING** Heller's Mobile Home Washing ...... 727-545-2665 **ROOM ADDITIONS** Bay Area Aluminum Services, Inc. ... 727-585-4442 TIE DOWNS/MOBILE HOMES Florida Anchor & Barrier Co. ..... 727-330-7821 VAPOR BARRIER VINYL SIDING ASC Aluminum Specialty Contr. ...... 727-547-8300 WINDOW REPLACEMENT AMS Advanced MH Systems ...... 727-471-0820 ASC Aluminum Specialty Contr. ...... 727-547-8300 Community Roofing of FL, Inc.... 1-800-511-2517 WINDOW TREATMENTS/INTERIOR 





SEPTEMBER•2015					
Sunday	ınday Monday				
Sunshine Lady: F Lot #804 Tel: 53 All activities at Clu indicated by: HH L = Library	1-3742 1bhouse unless	9a Sew HH 12:15 p Dime I			
6 11:00 am Texas Hold-'em	7 Labor Day BBQ 1:00 pm 6:45 pm Euchre 7p Texas Hold 'em Labor Day	9a Sew HH 12:15 <sub>F</sub> Dime I			
13 11:00 am Texas Hold-'em	14 6:45 pm Euchre 7p Texas Hold 'em	9a Sew HH 12:15 <u>p</u> Dime I			
20 11:00 am Texas Hold-'em	21 6:45 pm Euchre 7p Texas Hold 'em	9a Sewii New En 9am Country taurant 12:15 pr Dime Po			
27 11:00 am Texas Hold-'em	28 6:45 pm Euchre 7p Texas Hold 'em	9a Sew HH 12:15 p Dime I			

# **Embassy**

Fuesday	Wednesday	Thursday		Friday	Saturday
1 ring Guild – om Nickel & Poker	2 1:00 pm Dominoes 1p Ladies Hold-'em 6:30 pm Bingo: (Pa- pers sold 5 to 6:15) (Games begin 6:30 pm)	2:00 pm Trivia	3	4 9a Craft Classes – HH 9:30 am Fun Shuffle 7p Texas Hold-'em	5 1:00 pm Pot Luck Shuffle
8 ring Guild – om Nickel & Poker	9 Ladies Luncheon at Noon 1:00 pm Dominoes 1p Ladies Hold-'em 6:30 pm Bingo: (Papers sold 5 to 6:15) (Games begin 6:30 pm)	2:00 pm Trivia	10	11 9a Craft Classes – HH 9:30 am Fun Shuffle 7p Texas Hold-'em Patriot Day	12 1:00 pm Pot Luck Shuffle
15 ring Guild – om Nickel & Poker	16 1:00 pm Dominoes 1p Ladies Hold-'em 6:30 pm Bingo: (Pa- pers sold 5 to 6:15) (Games begin 6:30 pm)	2:00 pm Trivia Pot Luck Dinner 5:00 pm	17	18 9a Craft Classes – HH 9:30 am Fun Shuffle 7p Texas Hold-'em	19 1:00 pm Pot Luck Shuffle Ron Foster Social & Dance
22 ng Guild – HH gland Breakfast y Skillet Res- n Nickel & oker	23 1:00 pm Dominoes 1p Ladies Hold-'em 6:30 pm Bingo: (Pa- pers sold 5 to 6:15) (Games begin 6:30 pm) First Day of Autumn	2:00 pm Trivia	24	25 9a Craft Classes – HH 9:30 am Fun Shuffle 7p Texas Hold-'em	26 1:00 pm Pot Luck Shuffle Saturday Breakfast
29 ring Guild – om Nickel & Poker	30 1:00 pm Dominoes 1p Ladies Hold-'em 6:30 pm Bingo: (Pa- pers sold 5 to 6:15) (Games begin 6:30 pm)				OCTOBER 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

### Keep relationships healthy over long distances

Ten years ago, some 2.9 percent of all marriages were long-distance relationships. Today that number has grown. Maintaining any kind of relationship takes work; when partners are separated, the effort grows. Keep your relationship steady and solid with these tips:

- Set ground rules. The secret to success in a long-distance relationship is managing expectations. Talk over how you'll handle the separation—who will be responsible for bills, child care, and other household issues. Do this ahead of time so nothing falls through the cracks. Set up a schedule for regular phone calls so you can plan conversations effectively.
- Communicate—but not too much. Regular contact is essential to the health of any marriage, so make a point of getting in touch as often as you need to. Just don't overdo it. If one partner feels crowded or badgered by insistent demands, he or she may back off, making the relationship even more complicated.
- Vary your channels. Don't rely on the telephone alone. Use e-mails and texts to send quick messages without interrupting the other person at work or at an awkward moment. Variety helps strengthen any relationship, so look for different ways to connect.
- Plan positive visits. You'll want to get together with your partner as often as you can. Don't put too much pressure on yourselves to make each visit spectacular, though. Give yourselves time to relax so no one feels personally responsible for the visit's success. You both need some downtime to get used to being with each other again.
- Be flexible. Travel plans can change at a moment's notice. An emergency may delay or interrupt a phone call. Although you're disappointed, do your best to respond positively and patiently when other demands disrupt your planned activities. Getting into a fight over every minor crisis won't keep your relationship strong.



Physical fitness is not only one of the most important keys to a

healthy body, it is the basis of dynamic and creative intellectual activity.

–John F. Kennedy







### Keeping up with current events

We with the second seco

- Identify a photo of Martin Luther King Jr.: 91 Percent
- Identify the country led by Kim Jong-il from a photo (North Korea): 82 percent
- Identify the location of Guantanamo on a map (Cuba): 78 percent
- Name the country the U.S. recently re-established relations with (Cuba): 76 percent
- Identify the proposed route of the Keystone Pipeline on a map: 73 percent
- Identify Malala from a photo (2014 Nobel Prize winner): 93 percent
- Identify Pope Francis's home country on a map (Argentina): 52 percent
- Give the correct number of female Supreme Court justices (three): 33 percent

### Have you taken your fish oil today?

Atural dietary supplements are big business in the U.S. As part of the National Health Interview Survey, researchers looked at the use of natural supplements other than vitamins and minerals. Comparing figures from 2002, 2007, and 2012, the trends they found include:

- Fish oil. This was the top product used by adults in 2012, as well as among children (though in 2007, Echinacea was the most popular supplement among children).
- Melatonin. This sleep aid came in second for children in 2012, increasing significantly from 2007.
- Glucosamine/chondroitin. Use of this decreased between 2007 and 2012, along with a drop in the use of Echinacea and garlic.
- Ginseng. This showed another large decline from 2002 to 2007, along with the use of Gingko.
- Green tea and milk thistle. Use of these held steady (though low) between 2007 and 2012.

### Monkey see, monkey do, monkey—cook?

Let umans and chimpanzees share many genetic traits, and scientists have recently discovered one that may surprise fans of the Cooking Channel and the Food Network: a basic understanding of how to cook food.

Chimps have long exhibited a preference for cooked food over raw. A team from Harvard and Yale decided to see if they could be taught to "cook" food on their own. Observations have shown that chimps are willing to give up something like a slice of raw sweet potato if they expect to receive a cooked one in a short time. To test their hypothesis, the scientists devised a process to mimic cooking (since they didn't want the apes to use actual heat): two plastic bowls that fit closely together, with a bit of pre-cooked food hidden in the lower bowl.

The scientists would put a piece of raw potato into the bowl, then switch it after a few minutes for the cooked one. After a while, the chimpanzees began doing the same thing—placing a piece of food into the bowl, waiting, then looking for the tastier result.

The researchers believe this shows a basic cognitive ability to understand the cooking process, as well as the patience to carry out—traits that may have driven crucial changes in human evolution.

### Follow the right FORM for effective innovation

Innovation may seem spontaneous, but it generally succeeds because the groundwork has been methodically laid ahead of time. To spark creative thinking in your organization, follow consultant Charles Day's acronym FORM:

**F:** Focus. Start by deciding what's important to your team and organization. What were you created to achieve? Identify the key goals of your vision so you have something to work toward.

**O:** Organization. Decide on a structure for developing and implementing ideas. Who is responsible for specific tasks? What jobs should be shared? How will you make decisions?

**R**: Resources. Gather what you'll need to implement your plans. This includes not just tools and materials, but people. Identify the types of talents you'll need to bring an idea to reality.

**M:** Measurement. Look to the end as you begin. Determine how you'll know whether you've succeeded or failed. Goals should be specific and clear to everyone, and they must be relevant to your organization's vision.



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Monday thru Friday 14 9:00am-5:00pm 9:00am-3:00pm EMBASSY NEWS & VIEWS SEPTEMBER. 2015 C

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### September Is...

B aby Safety Month. Drowning, falls, chemicals, and other hazards can endanger the life and health of any small child. During September, take a good look around your house and eliminate any threats to babies' safety that might be hiding in plain sight.

Library Card Sign-Up Month. A time to remind parents and children that a library card is the most important school supply of all. If you don't already have a library card, get one in September; if you do, visit your local library and use it.

**National Bourbon Heritage Month**. A celebration of bourbon as America's "Native Spirit." The U.S. Senate declared September National Bourbon Heritage Month in 2007, calling on those who enjoy bourbon to do so responsibly and in moderation.

**National Campus Safety Awareness Month.** College campuses are not immune to destructive behaviors and violence due to high-risk drinking, drug abuse, sexual assault, fire safety, and more. As your kids head to college this month, talk to them about safety and investigate the resources their school offers.

### Week to Week

A ational Suicide Prevention Week, Sept. 8-14. An annual campaign to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. Awareness events are held throughout the week around World Suicide Prevention Day, Sept. 10.

National Truck Driver Appreciation Week, Sept. 13-19. Sponsored by the American Trucking Associations, a federation of state associations, affiliated conferences, and individual members committed to developing and advocating policies that promote highway safety, security, environmental sustainability, and profitability.

Pollution Prevention Week, Sept. 21-27. The best way to protect the earth and its people is to stop creating pollution in the first place. Less waste and pollution means fewer hazards



to public health and the environment. Pollution Prevention Week highlights the efforts of the EPA, its state partners, industry, and the public in preventing pollution right from the start.

 Banned Books Week, Sept. 27-Oct. 3. Sponsored by the American Library Association to promote the importance of ensuring

the availability of books to all who wish to read them.





#### 10 WORDS for \$8.55 - Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

**EVENTS & PROGRAMS** 

CRAFT FAIR! Southwind MHP in Palm Harbor is seeking talented crafters for this community Craft Fair event Nov. 14th. 9-1 Tables are \$15.00 Call Jane 727-781-9238

#### HELP WANTED

Crafters Wanted : Paradise Island Annual Craft Fair Sat. Nov 7, 2015 Tables \$10 & \$15 Call Marcia 727-953-3616

#### ARTICLES FOR SALE

(2) Windows in original carton 24&1/4" X 48&3/4" American Craftman by Anderson. Original \$372.92. Asking \$185.00. 727-767-0170

Mobility Scooter C.T.M 120 New Batteries Excellent \$450 OBO 727-488-4944

#### WANTED TO BUY

When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.

GOT A CAR YOU WANNA SELL? THE GOOD, THE BAD, OR THE UGLY. CALL NOW: 727-400-1910.

BUYING COIN COLLECTIONS. Proof and mint sets, old coins, currency, \$.03 for "Wheaties", American Flyer Trains. 688-9871

CARS OR TRUCKS, Top dollar paid by Andrew 726-0094 or 785-1288

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

**!! TOP CASH PAID!! JEWELRY:** GOLD, STERLING, COSTUME (EVEN BROKEN JEWELRY), COINS, ANTIQUES, PAINTINGS, GLASSWARE, POTTERY, CHINA, ENTIRE ESTATES. FREE HOUSE CALLS, LAURA. ALL SALES SUB-JECT TO APPROVAL. (727) 307-8173 WE BUY CARS! \* TOP \$\$\$ PAID! Cash For Cars, Trucks, Vans & SUV's. Any Year Make & Model - Domestic, Import, Classic, Sports & Luxury -Vehicles Must Run & Drive & Have Title - WE COME TO YOU! / FAIR HONEST CASH OFFERS! Call Now & Sell Today! We Pay More Guaranteed! Contact Brian or Nicole @ 727-729-9472

Looking for a 2bed/2bath in Doral Village, furnished, fixer-upper, without a share. Contact Brian 727-542-8878

#### **ATTENTION RESIDENTS!**

Did you know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

### **OCTOBER AD DEADLINE - SEPTEMBER 10, 2015**

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



### Probe your personality to achieve lasting results

People who succeed at their jobs, in their careers, and at the game of life are generally aware of their strengths and honest about their weaknesses. If you want to achieve greatness, focus on these key elements:

- Identity. Who are you? Don't think about your job, but your values and deepest beliefs about people and life.
- Accomplishments. What have you already done in your career? Examining your past successes can help you move forward to new victories.
- Reputation. How do others see you? Get some honest feedback. If you're not happy with the answer, improve your attitude so people see a more positive you.

### The Best Antidote

young wife lived with her husband's mother. Although she loved her husband, she found her mother-in-law impossible to deal with. In her desperation, she decided to poison the woman and get her out of her life.

She found a doctor willing to help her. As he gave her the poison, the doctor said, "Just so that no one suspects you, treat your mother-in-law as nicely as you can. Give her a little bit of this poison every day, and in a month your problems will be over."

The wife followed his instructions, treating her mother-in-law with special kindness as she slipped the poison into her food every day. Toward the end of the month, she went back to the doctor.

"Something strange happened," she said. "Ever since I've been nice to her, she's been nicer to me. Now she seems more like a friend than a mother-in-law. Can you give me an antidote for the poison before she dies?"

The doctor smiled. "I gave you ordinary vitamins. The only poison was in your own mind."

#### The world is shaped by two things—stories told and the memories they leave behind. —Vera Nazarian

#### of dying. Even brief walks add up to a substantial benefit when taken often during the day. The scientists emphasize that these walks should be an addition to a moderate exercise habit, not a replacement for one. It's a step in the

**Protect your hearing** 

extend your life expectancy.

right direction.

Excessive noise in the workplace (or anywhere else, for that matter) can damage your hearing. The Medicine Net website warns that you risk hearing loss under these noisy conditions.

• You need to shout so that people an arm's distance away can hear you.

a two-minute walk once an hour was associated with a 33 percent lower risk

Two-minute walks may improve your health

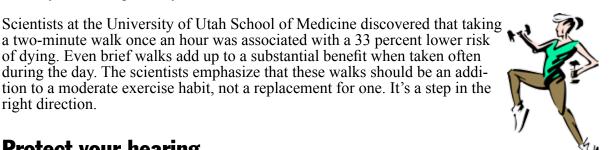
- Your ears begin to hurt from the volume.
- Your ears are ringing.
- You suffer temporary hearing loss after being subjected to constant loud noise.

All you need is love. But a little chocolate now and then doesn't hurt.

-Charles Schulz









T xercise keeps you healthy. Fortunately for busy people, exercise doesn't have to mean working out at the gym or running a marathon. A study reported on the Science Daily website found that adding just two minutes of walking per hour to your routine can



**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid reciept</u> to us at **Monthly Media • PO Box 1023 • Venice, FL 34284.** That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailin	g of check). This month's cash	winners are:	
Merrill King \$100	Boss Electric Corp.	Rosemary Merrill \$5	Haseney Electrical Services
Steve Vague\$10.	Shawn & Shawn Moving	Marilyn Ventura \$5	Kathy's Cleaning Service
Gary Nowlyn\$10 .	Air Masters of Pinellas		Modern Pest Control
	Buggin Out Termite & Pest Control	Sharon Rop\$5	Knoblach Hearing Care
Madeline Narkewicz \$10 .		Edward Hendricks\$5	Dr. Peter M. Mason
Barry Kelly\$10.	Heller's Mobile Home Washing	Marilyn Stringham \$5	Jones & Sons Plumbing, Inc
Bob Andreas\$10.	E & E Gliddon Air Conditioning	Richard Williamson \$5	Dunedin Plumbing, Inc.
Thelma Payne\$10.	Largo Plumbing	Margie & Bud Barr \$5	Chambers Specialties, Inc.
Steven Wood\$10 .	Natures Resource Pest Control	Linda L. Wagler \$5	Debbie's Salon
Gloria Biggs \$10 .	Jones & Sons Plumbing, Inc	Joan Hernann\$5	Knoblach Hearing Care
Hal Gray\$10 .	Bob's Appliance Repair	Linda Littell\$5	Heller's Mobile Home Washing
	Ray Duncan Plumbing	Ben Roth\$5	Haseney Electrical Services
Bud Mueller \$10.	Appliance Specialty		Bob's Mobile Home Washing
	Barron's AC & Appliance	Barbara Whitman \$5	Doll Brothers Carpet & Upholstery
	Ron Wyngarden Moble Home Wash		Modern Air Conditioning & Appliance
Maureen Koebel\$5	Bob's Mobile Home Washing	Susan Halloian\$5	Doll Brothers Carpet & Upholstery
Edward Lowell\$5	Boss Electric Corp.	Joe Haberstroh\$5	Bill the Carpet Guy
	Battleline Termite & Pest Control	Clyde Walker\$5	Sunset Appliance Service
Linda Reed\$5	Appliance Specialty	Barb Kansorka\$5	Jones & Sons Plumbing, Inc
	Medicine Shoppe of Dunedin		Natures Resource Pest Control
	Bob's Appliance Repair		Modern Air Conditioning & Appliance
	AMS West Coast, Inc.		Heller's Mobile Home Washing
	Air Masters of Pinellas		Advertiser Referral
Gwendolyn R. Burgess \$5	Bill the Carpet Guy	Dolores Colonita\$5	Advertiser Referral
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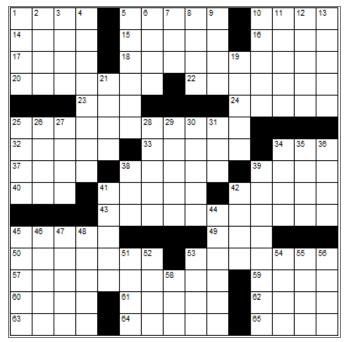
Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No
purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



- ACROSS
- 1. Terror
- 5. Aromatic solvent
- 10. Website addresses
- 14. Tardy
- 15. Cognizant
- 16. Midday
- 17. God of love
- 18. Likeness
- 20. A painkiller
- 22. Hypodermic
- 23. Fitting
- 24. Not younger
- 25. Jubilation
- 32. Severe pain
- 33. Virile
- 34. Kitten's cry
- 37. Violent disturbance
- 38. Repaired
- 39. Angel's headwear
- 40. Eastern Standard Time
- 41. Not inner
- 42. Stogie
- 43. Transparent
- 45. Napped
- 49. Dekaliter
- 50. Misinform
- 53. Pettifogger
- 57. Impossible to satisfy
- 59. Hawkeye State
- 60. Adolescent
- 61. Gloomy, in poetry
- 62. A song for 2
- 63. At one time (archaic)
- 64. Marsh plant
- 65. Makes a mistake



Welcome Back to SCHOOL



- 1. Parasitic insect
- 2. Hearing organs
- 3. At the peak of
- 4. Occupant
- 5. Less difficult
- 6. Identical or fraternal
- 7 An unskilled actor
- 8. Twin sister of Ares
- 9. Depend
- 10. Up to
- 12. Hostel

#### DOWN

- 21. Red gemstone
- 25. Concern
- 26. Auspices
- 27. Plunder
- 28. Friendliness
- 29. What we pay to the govt.
- 30. Unreactive
- 31. Not young
- 34. Wise men
- 35. Distinctive flair
- 36. Be dressed in 38. Pelt
- 39 Brae

- 41. Group of 8
- 42. Kaolin
- 44. Cling
- 45. Strike
- 46. A protective covering
- 47. S S S S
- 48 Flora
- 51. Helps
- 52. Have the nerve
- 53. Smelting waste
- 54. See the sights
- 55. Pitcher
- 56. Rodents
- 58. What we sleep on





### 11. Not square 13. Contemptuous look 19. Sarcasm



### Embassy Park

OwnerW	/alter Larson			
	essie Buchholtz (1721)			
	ell Phone			
	AX:			
	-Mail Address: embassy			
	nday - Wednesday - Frida			
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Embassy Homeowne The Annual Meeting	g and Elections are held	l on the 3rd Fi	riday in January. Oth	er meetings are held
as needed, and are p	osted in the Clubhouse	on the Associa	ation Bulletin Board.	
President	Ron Russell	(430)		2
	George Gousie			XX 1
Treasurer	Terry Hazlett	(717)	530-1476	
Secretary	Elaine Pepper	(833)		
Directors	Jean Mitton	(1410)		ET E
	Mary Ann Cassy	(1532)		Road
	Arlene Stuart	(441)		
	Guy McDougall	(1222)		Er 🖗
<b>Embassy Social Clu</b>	<u>b</u>			Bar
	Janis Wilson	(1320)		
	Elaine Migliorati			€~ €
	Cheryl Russell			2
	Gail Gousie			
	Bobby Faulkner			to a
	Lorraine O'Connell.			23
	Judy Hoke			
Embassy Regional C				e e
Canadian Club				
President	Bill Burtt	(401A)		
Mid-West Club				a de
President	Elaine Pepper	(833)		50
New York Club				
President	Brud Livingston	(523)		A. c
	U			K.
Embassy Shuffle Clu	<u>ub</u>			
Meets 3rd Tuesday				2
	Susan White	(521)		XX N
Vice President	Randy Poulin	(920)		
Secretary	Muriel Marks	(1215)		
	Ron McDougall			Er f
	Jay Sollberger			1 Da
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